



**DINNER TIME!!!**

**“Contemporary Japanese food culture documentary”**

***“eatrip” is a wonderful consideration of people and food. Try it! You’ll like this delectable morsel, this jovial dinner time, this lovely nibble at the link between people and food. To eat is indeed to live. Life is just an “eating trip” (eatrip).***

People eat. That is how we survive. For humans, however, eating has become more than just sustenance and replenishment of nutrients. It has become an opportunity for bonding with others, for chatting about what we’ve been up to, and asking about our loved one’s days. The act of eating is also the act of interacting with nature. Meat, vegetables, fruit and grain are all living organisms that combine to sustain us. And if life is a journey, then surely eating is an excursion in itself. After all, is not life a series of dinner times?? Are our lives not sequences of feeding, nurturing and growing??

**About the film**

“eatrip” is the directorial debut of food coordinator, creator and teacher, Yuri Nomura.

“eatrip” explores the interpersonal relationships that food nurtures. To eat is a universal experience and this documentary takes the audience on a journey throughout Japan looking at how life can be led optimally through the daily ritual of eating. From the Tsukiji fish market to an Okinawan farm, the film offers poignant interviews with intriguing personalities, a few of whom include: Nichiji Sakai, head monk of the Ikegami Honmonji temple; Kanji Takahashi, a distributor of Japanese soup stock (Bonito broth); Naoko Morioka, an Okinawan leading a self-sustainable lifestyle; So-oku Sen a tea ceremony master and descendant of famed Sen No Rikyu; and Yayako Uchida, a musician and writer who recites poems about food.

“eatrip” culminates with a passionate meal cooked by the director herself, for actor Tadanobu Asano and singer UA and a handful of other eclectic guests.